

AKRON PUBLIC SCHOOLS - BUSINESS AFFAIRS  
SECONDARY 3-WEEK CYCLE MENU 2022 2023

**\*\*ITEM CONTAINS PORK**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>		<i>TACO TUESDAY</i>			
	<b>ASSORTED PIZZA (see below)</b> or CHEESE PIZZA (31) <b>M,S,W</b> CARROTS (8) w/DRESSING (2) <b>M</b> SALAD (3) w/DRESSING (2) <b>M</b> FRESH FRUIT (9-17) FRUIT ICE (20) FRESH BAKED COOKIE (15-17) <b>E,M,S,W</b>	GENERAL TSO CHICKEN (25) <b>M,S,W</b> RICE (23) <b>S</b> MINI LOAF (27) <b>E,M,S,W</b> BROCCOLI (5) CELERY (2) & CARROTS (4) w/DRESSING (2) <b>M</b> FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-22) MARGARINE <b>S</b>	CHEESEBURGER ON BUN (28) <b>M,W</b> BAKED BEANS (29) HASHBROWN POTATOES (24) <b>S</b> FRESH FRUIT (9-17) FRUIT JUICE (12-18)	CHICKEN (13) <b>S,W</b> WAFFLES (43) <b>E,M,S,W</b> SWEET POTATOES (30) <b>S</b> CUCUMBERS (2) w/DRESSING (2) <b>M</b> FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-22) SYRUP (31)	TURKEY & CHEESE CROISSANT (31) <b>E,M,S,W</b> CORN (15) VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-22) ASSORTED CHIPS ( <b>SEE BELOW</b> )
<b>WEEK 2</b>					
	<b>ASSORTED PIZZA (see below)</b> or CHEESE PIZZA (31) <b>M,S,W</b> CARROTS (8) w/DRESSING (2) <b>M</b> SALAD (3) w/DRESSING (2) <b>M</b> FRESH FRUIT (9-17) FRUIT ICE (20) FRESH BAKED COOKIE (15-17) <b>E,M,S,W</b>	CHICKEN LEGS (12) <b>W</b> CORN MUFFIN (32) <b>E,M,S,W</b> MASHED POTATOES (18) <b>M</b> VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-22) MARGARINE <b>S</b>	CHICKEN PATTY (9) <b>S,W</b> ON BUN (26) <b>W</b> BAKED BEANS (29) HASHBROWN POTATOES (24) <b>S</b> FRESH FRUIT (9-17) FRUIT JUICE (12-18) ASSORTED CHIPS ( <b>SEE BELOW</b> )	MAC & CHEESE CHICKEN BOWL (33) <b>E,M,S,W</b> MINI LOAF (26-27) <b>E,M,S,W</b> BROCCOLI (5) CUCUMBERS (2) w/DRESSING (2) <b>M</b> FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-22) MARGARINE <b>S</b>	MOZZARELLA CHEESE STICKS (33) <b>M,S,W</b> BREADSTICK (26) <b>S,W</b> MARINARA SAUCE (7) <b>S</b> GREEN BEANS (4) VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-22) MARGARINE <b>S</b>
<b>WEEK 3</b>		<i>TACO TUESDAY</i>			
	<b>ASSORTED PIZZA (see below)</b> or CHEESE PIZZA (31) <b>M,S,W</b> CARROTS (8) w/DRESSING (2) <b>M</b> BROCCOLI (5) FRESH FRUIT (9-17) FRUIT ICE (20) FRESH BAKED COOKIE (15-17) <b>E,M,S,W</b>	TACO MEAT (5) <b>S</b> W/SHREDDED CHEESE <b>M</b> BAKED TOSTITOS (19) RICE (23) <b>S</b> SALSA (5) & SOUR CREAM (2) <b>M</b> CELERY (2) & CARROTS (4) w/DRESSING (2) <b>M</b> FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-22)	CORN DOG (30) <b>E,M,S,W</b> BAKED BEANS (30) HASHBROWNS (24) <b>S</b> FRESH FRUIT (9-17) FRUIT JUICE (12-18) HONEY MUSTARD () ASSORTED CHIPS ( <b>SEE BELOW</b> )	FRENCH TOAST (38) <b>E,M,S,W</b> w/TURKEY SAUSAGE (0) HASHBROWN POTATOES (24) <b>S</b> CUCUMBERS (2) w/DRESSING (2) <b>M</b> FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-22) SYRUP (31)	CHICKEN NUGGETS (13) <b>S,W</b> BREADSTICK (25) <b>W</b> SWEET POTATOES (30) <b>S</b> VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-22) BBQ SAUCE (10) <b>S</b>

\*\*This Institution is an Equal Opportunity Provider\*\*

updated 10.25.22

MENU SUBJECT TO CHANGE WITHOUT NOTICE  
2022 2023 MONTHLYFORMS.3CYCLEMENU

**ALTERNATIVE DAILY ENTRÉES: ASSORTED CHEF SALADS (9) E,M,S,W, CRACKERS (28) S,W, FRUIT & YOGURT PARFAIT (46) M, GRANOLA (1/2 C = 29) S,W, SMUCKER'S PBJ UNCRUSTABLE (Small - 1 = 32, 2 = 64) N,S,W**

**DAILY MEAL INCLUDES: FLAVORED AND UNFLAVORED LOW-FAT AND FAT-FREE MILK, or DAIRY EASE upon request. White Lowfat (13) M Chocolate Fat-Free (20) M Strawberry (19) M Dairy Ease (12) M**

**ASSORTED CHIPS: FLAMIN CHEETO'S (13) M, COOL RANCH DORITOS (19) M, NACHO CHEESE DORITOS (20) M, SPICY SWEET CHILI DORITOS (20) S,W**

**MISC: CHEESE STUFFED BREADSTICK (17) M,W, PIZZA - CHEESE (31) M,S,W, PEPPERONI (30) M,S,W, SUPREME (31) M,S,W, BUFFALO CHICKEN (25) M,S,W**

<b>KEY:</b>	<b>( ) = CARB</b>	<b>S = SOY</b>	<b>W = WHEAT</b>
	<b>M = MILK</b>	<b>N = NUTS</b>	<b>E = EGG</b>