

2023 - 2024 SPECIAL DIET - 4 WEEK CYCLE MENU

***BOLDED ITEMS CONTAIN PORK**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WK1	PEPPERONI PIZZA (30) M,S,W CHEESE PIZZA (31) M,S,W CARROTS (6) w/DRESSING (1-2) M SALAD (1-2) W/DRESSING (1-2) M FRESH FRUIT (9-17) FRUIT ICE (19-20) FRESH BAKED COOKIE (15 -17) E,M,S,W	GENERAL TSO CHICKEN (27) M,S,W RICE (18)S & MINI LOAF (27) E,M,S,W BROCCOLI (5) CELERY (1) CARROTS (6) DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) MARGARINE S	CHEESEBURGER (2) M ON BUN (24-26) W BAKED BEANS (30) HASHBROWNS (22.5) S FRUIT JUICE (14-21) FRESH FRUIT (9-17) ASSORTED CHIPS (16-20) M	WALKING TACO W/ CHIPS (30) S,M or BUFFALO CHICKEN DIP (1) M TOSTITOS CHIPS (18) & RICE (18) S SALSA (5) CUCUMBERS (2) w/DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) SOUR CREAM (2) M /HOT SAUCE	FRENCH TOAST (38) E,M,S,W W/TURKEY SAUSAGE HASHBROWNS (22.5) S VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) SYRUP (31)
WK2	CHICKEN NUGGETS (15) S,W BANANA BREAD W/MARGARINE (44) E,M, S,W SWEET POTATOES (35) S VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) BBQ (11) S	CHICKEN LEGS (12) W CORN MUFFIN W/ MARG. (32) E,M,S,W MASHED POTATOES (23) M,S GRAVY (4) S,W,M CELERY (1) CARROTS (6) DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32)	ZESTY ORANGE CHICKEN (28) M,S,W, SESAME RICE (18) S & MINI LOAF (27) E,M,S,W BROCCOLI (5) SALAD (1-2) W/DRESSING (1-2) M FRESH FRUIT (9-17) FRUIT ICE (19-20) MARGARINE S	MOZZARELLA CHEESE STICKS (27) M,W BREADSTICK (26) W,S MARGARINE S MARINARA SAUCE (7) S GREEN BEANS (3) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) FRESH BAKED COOKIE (15 -17) E,M,S,W	CORN DOG (30) E,S,W BAKED BEANS (30) HASHBROWNS (22.5) S FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) HONEY MUSTARD (6) E ASSORTED CHIPS (16-20) M
WK3	PEPPERONI PIZZA (30) M,S,W CHEESE PIZZA (31) M,S,W CARROTS (6) w/DRESSING (1-2) M GREEN BEANS (3) FRESH FRUIT (9-17) FRUIT ICE (19-20) FRESH BAKED COOKIE (15 -17) E,M,S,W	CHICKEN ALFREDO (4) M PENNE (19.5) W BREADSTICK (26) W /MARGARINE S BROCCOLI (5) CUCUMBERS (2) w/DRESSING (1-2) M FRESH FRUIT (9-17) FRUIT JUICE (14-21)	TACO MEAT (5) S/SHREDDED CHEESE(.5) M TOSTITOS CHIPS (18) & RICE (18) S SALSA (5) SOUR CREAM (2) M CELERY (1) CARROTS (6) DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32)	POPCORN CHICKEN BOWL (17) M,S,W W/ MASHED POTATOES (23) M,S GRAVY (4) S,W,M CORN MUFFIN W/ MARG. (32) E,M,S,W CORN (16) S FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32)	CHICKEN PATTY (9) S,W ON BUN (24-26) W BAKED BEANS (30) HASHBROWNS (22.5) S ASSORTED FRUIT CUPS (14-32) FRESH FRUIT (9-17) ASSORTED CHIPS (16-20) M
WK4	CALZONE (30) M,S,W W/ MARINARA (7) CHEESE PIZZA (31) M,W CARROTS (6) w/DRESSING (1-2) M CORN (16) FRESH FRUIT (9-17) FRUIT ICE (19-20) FRESH BAKED COOKIE (15 -17) E,M,S,W	CHICKEN WINGS (1.25) BLUEBERRY MUFFIN (46) E,M,S,W MARGARINE BAKED BEANS (30) CELERY (1) W/DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) BBQ (11) S OR HOT SAUCE	PENNE (19.5) W MEATBALLS (6) M,S,W W/ MARINARA SAUCE (8) S BREADSTICK (26) W /MARGARINE S BROCCOLI (5) SALAD (1-2) W/DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32)	CHICKEN (15) S,W WAFFLES (43) E,M,S,W SWEET POTATOES (35) S CUCUMBERS (2) w/DRESSING (1-2) M FRESH FRUIT (9-17) FRUIT JUICE (14-21) SYRUP (31)	CHEESE STUFFED BREADSTICK (34) M,W MARINARA SAUCE (7) S VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) ASSORTED CHIPS (16-20) M

KEY: () CARB, E = EGG, M = MILK, S = SOY, W = WHEAT, P = PEANUTS. OFFERED DAILY: ASSORTED CHEF SALADS (9) E,M,S,W, W/ GOLD FISH CRACKERS (28) M,W, FRUIT (14-32) & YOGURT PARFAIT (39) M, W/ GRANOLA (38)S

AND SMUCKER'S PB & JELLY (33) P,S,W W/STRING CHEESE (2) M & GOLDSISH CRACKER (14) M,W. ALL MEALS INCLUDE CHOICE OF 1% WHITE MILK (13) AND FAT-FREE CHOCOLATE MILK (25), OR NON-DAIRY BEVERAGE (16/23)