

2023 - 2024 **SPECIAL DIET - 4 WEEK CYCLE MENU**

**\*BOLDDED ITEMS CONTAIN PORK**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WK1	<b>PEPPERONI PIZZA (30) M,S,W</b> CHEESE PIZZA (31) M,S,W CARROTS (6) w/DRESSING (1-2) M SALAD (1-2) W/DRESSING (1-2) M FRESH FRUIT (9-17) FRUIT ICE (19-20) FRESH BAKED COOKIE (15 -17) E,M,S,W	GENERAL TSO CHICKEN (27) M,S,W RICE (18)S & MINI LOAF (27) E,M,S,W BROCCOLI (5) CELERY (1) CARROTS (6) DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) MARGARINE S	CHEESEBURGER (2) M ON BUN (24-26) W BAKED BEANS (30) HASHBROWNS (22.5) S FRESH FRUIT (9-17) FRUIT JUICE (14-21)	BUFFALO CHICKEN DIP (1) M TOSTITOS CHIPS (18) & RICE (18) S SALSA (5) CUCUMBERS (2) w/DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) SOUR CREAM (2) M /HOT SAUCE	FRENCH TOAST (38) E,M,S,W W/TURKEY SAUSAGE HASHBROWNS (22.5) S VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) SYRUP (31)
WK2	CORN DOG (30) E,S,W BAKED BEANS (30) HASHBROWNS (22.5) S FRESH FRUIT (9-17) FRUIT JUICE (14-21) HONEY MUSTARD (6) E ASSORTED CHIPS (16-20) M	CHICKEN LEGS (12) W CORN MUFFIN W/ MARG. (32) E,M,S,W MASHED POTATOES (23) M,S GRAVY (4) S,W,M CELERY (1) CARROTS (6) DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32)	MOZZARELLA CHEESE STICKS (27) M,W BREADSTICK (26) W,S MARGARINE S MARINARA SAUCE (7) S GREEN BEANS (3) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) FRESH BAKED COOKIE (15 -17) E,M,S,W	ZESTY ORANGE CHICKEN (28) M,S,W, SESAME RICE (18) S & MINI LOAF (27) E,M,S,W BROCCOLI (5) SALAD (1-2) W/DRESSING (1-2) M FRESH FRUIT (9-17) FRUIT ICE (19-20) MARGARINE S	CHICKEN NUGGETS (15) S,W BANANA BREAD W/MARGARINE (44) E,M, S,W SWEET POTATOES (35) S VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) BBQ (11) S
WK3	<b>CALZONE (30) M,S,W</b> W/ MARINARA (7) CHEESE PIZZA (31) M,W CARROTS (6) w/DRESSING (1-2) M GREEN BEANS (3) FRESH FRUIT (9-17) FRUIT ICE (19-20) FRESH BAKED COOKIE (15 -17) E,M,S,W	CHICKEN ALFREDO (4) M PENNE (19.5) W BREADSTICK (26) W/MARGARINE S BROCCOLI (5) CUCUMBERS (2) w/DRESSING (1-2) M FRESH FRUIT (9-17) FRUIT JUICE (14-21) PARMESAN M / CRUSHED RED PEPPER	TACO MEAT (5) S/SHREDDED CHEESE(.5) M TOSTITOS CHIPS (18) & RICE (18) S SALSA (5) CELERY (1) CARROTS (6) DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) SOUR CREAM (2) M / HOT SAUCE	POPCORN CHICKEN BOWL (17) M,S,W W/ MASHED POTATOES (23) M,S GRAVY (4) S,W,M CORN MUFFIN W/ MARG. (32) E,M,S,W CORN (16) S FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32)	CHICKEN PATTY (9) S,W ON BUN (24-26) W BAKED BEANS (30) HASHBROWNS (22.5) S FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32)
WK4	CHEESE STUFFED BREADSTICK (34) M,W MARINARA SAUCE (7) S CARROTS (6) w/DRESSING (1-2) M CORN (16) S FRESH FRUIT (9-17) FRUIT ICE (19-20)	CHICKEN WINGS (1.25) MINI LOAF (27) E,M,S,W *MACARONI & CHEESE (29) M,W,E BAKED BEANS (30) CELERY (1) W/DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) BBQ (11) S OR HOT SAUCE	*GARLIC BREAD (28) M,W MEATBALLS (6) M,S,W, w/ MOZ. CHSE M MARINARA SAUCE (8) S BROCCOLI (5) VEGGIE JUICE (13) FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) PARMESAN M / CRUSHED RED PEPPER	CHICKEN (15) S,W WAFFLES (43) E,M,S,W SWEET POTATOES (35) S CUCUMBERS (2) w/DRESSING (1-2) M FRESH FRUIT (9-17) FRUIT JUICE (14-21) SYRUP (31)	WALKING TACO W/ CHIPS (30) S,M TACO MEAT (5) FRITOS (24) QUESO (1)M SALSA (5) SALAD (1-2) W/DRESSING (1-2) M FRESH FRUIT (9-17) ASSORTED FRUIT CUPS (14-32) SOUR CREAM (2) M /HOT SAUCE

KEY: ( ) CARB, E = EGG, M = MILK, S = SOY, W = WHEAT, P = PEANUTS. OFFERED DAILY: ASSORTED CHEF SALADS (9) E,M,S,W, W/ GOLD FISH CRACKERS (28) M,W, FRUIT (14-32) & YOGURT PARFAIT (39) M, W/ GRANOLA (38)S AND SMUCKER'S PB & JELLY (33) P,S,W W/STRING CHEESE (2) M & GOLDSISH CRACKER (14) M,W. ALL MEALS INCLUDE CHOICE OF 1% WHITE MILK (13) AND FAT-FREE CHOCOLATE MILK (25), OR NON-DAIRY BEVERAGE (16/23 )

This institution is an Equal Opportunity Provider\*\*

\*BLUEBERRY MUFFIN (46) E,M,S,W MARG. S

\* PENNE (19.5) W

2023-24 - REVISED 11/21/23

MENU SUBJECT TO CHANGE WITHOUT NOTICE

