



AKRON PUBLIC SCHOOLS - SUMMER MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WAFFLES 2.4 OZ. 100% JUICE 4.OZ. *VARIETY FRUITS MILK 8 OZ.	DONUT 2.54 oz 100% JUICE 4.OZ. *VARIETY FRUITS MILK 8 OZ.	MUFFIN 3.2 OZ 100% JUICE 4.OZ. *VARIETY FRUITS MILK 8 OZ.	HONEY BUN 2.75 OZ. 100% JUICE 4.OZ. *VARIETY FRUITS MILK 8 OZ.	BANANA BREAD 3.4 OZ. 100% JUICE 4.OZ. *VARIETY FRUITS MILK 8 OZ.

*VARIETY FRUITS: APPLESAUCE 4.5 OZ., CRAISINS 1.16 OZ., FRUIT CUP 4.5 oz

BREAKFAST & LUNCH MENUS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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JULY

7/1	7/2	7/3	7/4	7/5
ITALIAN COMBO SUB (2.5 oz., 2.04 oz.) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. CARROTS 3.0 OZ VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.	TURKEY & CHEESE ON BUN (2.5 oz., 2oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. BLACK BEAN & CORN DIP 1/2C SALSA CUP 4 OZ. TORTILLA CHIP 1.0 OZ. = 1G MILK 8 OZ.	HAM ON BUN (2 oz, 2.oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. CARROTS 3.0 OZ VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.	JULY 4TH - NO MEAL SERVICE	PBJ UNCRUSTABLE (2.2 oz.,1MA/1G) STRING CHEESE (1.oz.MA) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. FRESH BROCCOLI 1/2C VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.
7/8	7/9	7/10	7/11	7/12
TURKEY ON BUN (2 oz.,2.0 oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. CARROTS 3.0 OZ VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.	DELI CROISSANT (2.5 oz.,2.18oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. BLACK BEAN & CORN DIP 1/2C SALSA CUP 4 OZ. TORTILLA CHIP 1.0 OZ. = 1G MILK 8 OZ.	ITALIAN COMBO SUB (2.5 oz., 2.04 oz.) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. CARROTS 3.0 OZ VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.	HAM & CHEESE CROISSANT (2.5 oz./2.18oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. BLACK BEAN & CORN DIP 1/2C SALSA CUP 4 OZ. TORTILLA CHIP 1.0 OZ. = 1G MILK 8 OZ.	PBJ UNCRUSTABLE (2.2 oz.,1MA/1G) STRING CHEESE (1.oz.MA) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. FRESH BROCCOLI 1/2C VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.
7/15	7/16	7/17	7/18	7/19
ITALIAN COMBO SUB (2.5 oz., 2.04oz.) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. CARROTS 3.0 OZ VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.	TURKEY/ CHEESE ON BUN (2.5 oz., 2 oz.) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. BLACK BEAN & CORN DIP 1/2C SALSA CUP 4 OZ. TORTILLA CHIP 1.0 OZ. = 1G MILK 8 OZ.	HAM ON BUN (2 oz, 2.oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. CARROTS 3.0 OZ VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.	DELI/CHEESE SUB (2.5oz., 2.04oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. BLACK BEAN & CORN DIP 1/2C SALSA CUP 4 OZ. TORTILLA CHIP 1.0 OZ. = 1G MILK 8 OZ.	PBJ UNCRUSTABLE (2.2 oz.,1MA/1G) STRING CHEESE (1.oz.MA) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. FRESH BROCCOLI 1/2C VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.
7/22	7/23	7/24	7/25	7/26
TURKEY ON BUN (2 oz.,2.0 oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. CARROTS 3.0 OZ VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.	DELI CROISSANT (2.5 oz.,2.18oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. BLACK BEAN & CORN DIP 1/2C SALSA CUP 4 OZ. TORTILLA CHIP 1.0 OZ. = 1G MILK 8 OZ.	ITALIAN COMBO SUB (2.5 oz., 2.04oz.) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. CARROTS 3.0 OZ VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.	HAM & CHEESE CROISSANT (2.5 oz./2.18oz) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. BLACK BEAN & CORN DIP 1/2C SALSA CUP 4 OZ. TORTILLA CHIP 1.0 OZ. = 1G MILK 8 OZ.	PBJ UNCRUSTABLE (2.2 oz.,1MA/1G) STRING CHEESE (1.oz.MA) *FRESH FRUIT 100% FRUIT JUICE 4.OZ. FRESH BROCCOLI 1/2C VEGGIE JUICE 4 OZ. VARIETY CHIP 1.0 OZ. = 1G MILK 8 OZ.

FRESH FRUIT: APPLES (138 CT) , ORANGES (88/113 CT) , PEACHES(80 CT)- CONDIMENTS: MUSTARD, MAYO, RANCH, ITALIAN